

Sample Questions for Nursing Council Licensing Examinations

Part I (General) Registration

香港護士管理局執業考試 第一部分註冊護士(普通科)例題

Paper A: Medical English

試卷甲：醫學英語

Ia. Match the following prefixes with their meanings:

將下列各前綴與其相關的意思配合：

Answer 答案

Prefixes 前綴

supra-:

Meaning 意思

A. above 在上

B. below 在下

Ib. Match the following suffixes with their meanings:

將下列各後綴與其相關的意思配合：

Answer 答案

Suffixes 後綴

-ectas:

Meaning 意思

A. dilate 擴張

B. degeneration 退化

II. Explain the following terms:

解釋下列各項詞語的意思：

Question 題目: Endometrial biopsy

III. Interpret the following medical orders:

詮釋下列醫囑：

Question 題目: NPO. Drug Z 80mg IM Q6H.

Paper B (I) : Nursing Knowledge

試卷乙〔I〕：護理知識

Question 1 : Multiple Choice Questions

第一題：選擇題

1. Which of the following electrolytes is not responsible for heart depolarization?
 - A Sodium.
 - B Potassium.
 - C Phosphate.
 - D Calcium.

1. 以下哪項電解質不是負責心臟去極化？
 - A 鈉。
 - B 鉀。
 - C 磷酸鹽。
 - D 鈣。

Paper B (II) : Nursing Knowledge

試卷乙〔II〕：護理知識

Question 2 : Multiple Choice Questions

第二題：選擇題

1. Which isolation precaution should be implemented if a client's stool specimen is positive for Clostridium difficile?
 - A Droplet precaution.
 - B Contact precaution.
 - C Reverse isolation.
 - D Airborne isolation.

1. 如果患者的糞便樣本呈艱難梭狀芽胞桿菌感染，應施行以下哪一種防護措施？
- A 飛沫傳播防護措施。
 - B 接觸傳播防護措施。
 - C 逆向傳播防護措施。
 - D 空氣傳播防護措施。

Question 3 & 4 : Essay-type Questions

第三、四題：長答及短答題

3. Mr Chu, 58-year-old, is a construction site worker. He has been diagnosed with chronic obstructive pulmonary disease (COPD) for a few years. He was admitted to the emergency department due to breathlessness last night.
- (a) Apart from breathlessness, list **SIX** common signs and symptoms for COPD exacerbation. (3 marks)
 - (b) Name **TWO** triggers for the common signs and symptoms of COPD exacerbation. (1 mark)
 - (c) State **ONE** aftercare measure of using long-term high dose corticosteroid inhalation. (1 mark)
 - (d) Discuss **SIX** non-pharmacological interventions for managing COPD exacerbation upon discharge. (12 marks)
 - (e) Mr Chu has been referred to palliative care team. Describe the illness trajectory of COPD and identify **TWO** possible reasons for the referral. (3 marks)
3. 朱先生，58歲，是一位建築工人。他患有慢性阻塞性肺病數年。昨晚，他因為呼吸困難被送到急症室。
- (a) 除了呼吸困難，列出**六項**慢性阻塞性肺病惡化的常見症狀。 (三分)
 - (b) 列出**兩項**引發這些症狀的誘因。 (一分)
 - (c) 描述**一項**長期使用高劑量的吸入式類固醇後的措施。 (一分)

- (d) 描述六項慢性阻塞性肺病患者於出院後應對病情惡化之非藥物干預方法。 (十二分)
- (e) 朱先生被轉介到舒緩科團隊。描述慢性阻塞性肺病的疾病軌跡及列出是次轉介之兩個可能原因。 (三分)

4. Ms LIU, 70-year-old, has a history of hypertension and osteoporosis. She is living with her family. She has sustained a fall at home in this afternoon. After physical examination and x-ray investigation, she is diagnosed to have fracture neck of right femur. Total hip replacement surgery is scheduled tomorrow morning.

- (a) List the **TWO** signs and symptoms of Ms LIU's fracture neck of femur. (1 mark)
- (b) Ms LIU will have early rehabilitation during the first week after the surgery. Discuss **EIGHT** specific nursing actions related to body positioning and **THREE** specific nursing actions related to mobilization. (11 marks)
- (c) List **TWO** general post-operative complications and **TWO** post-operative complications specific to total hip replacement. (2 marks)
- (d) State **SIX** strategies that a nurse should include in teaching Ms LIU and her family to prevent fall after discharge from hospital. (6 marks)

4. 廖女士，70 歲，有高血壓及骨質疏鬆的病史。她與家人同住。今天下午，她在家中摔倒。經身體檢查及X光檢驗後，被診斷患上右股骨頸骨折。計劃明天早晨進行全髖關節置換手術。

- (a) 列出廖女士股骨頸骨折的兩種徵狀 (一分)
- (b) 廖女士手術後一星期內將開始早期康復活動，描述八項與她的身體臥式及三項與活動有關的護理措施。 (十一分)
- (c) 列出兩項手術後的一般併發症和兩項與全髖關節置換手術後相關的特殊併發症。 (兩分)
- (d) 陳述六項策略，護士會教育廖女士及其家人預防出院後跌倒。 (六分)

Question 5 : Specialty Nursing Questions

第五題：專科護理題

5. Answer any **TWO** out of parts (A), (B), (C) and (D).

Use a new answer book for each part.

(A) **Obstetric Nursing**

List **TEN** common indications of taking ultrasound sonography (USG) (10 marks)
in pregnancy.

5. (A)、(B)、(C)、(D) 四部份，任答兩部份。

用新簿作答每一部份。

(A) **產科護理**

列出超聲波檢查於懷孕期常見的十項用途。 (十分)

(B) **Gerontological Nursing**

Mrs Wong, a 76-year-old woman, lives alone. She recently complained of onset of low-grade fever, lower abdominal pain, dysuria, urinary frequency and urge incontinence. After consulting a doctor in a community clinic, she was told that she had urinary tract infection.

(i) List the signs and symptoms, except those stated in the above, that accompany urinary tract infection in older adults. (4 marks)

(ii) Describe the nursing education related to the prevention of recurrent urinary tract infection for Mrs Wong. (6 marks)

(B) **高齡科護理**

黃女士，76歲，獨居。她最近申訴有輕微發熱，下腹痛，排尿困難，尿頻和急迫性小便失禁。在社區診所諮詢醫生後，被診斷出患有泌尿道感染。

(i) 除了以上的例子，列出與老年人泌尿道感染相關的病徵和病狀。 (四分)

(ii) 描述預防黃女士復發性泌尿道感染的護理教育。 (六分)

(C) Community Nursing

Mr Kwong, a 72-year-old retired construction worker. He is obese and has known history of smoking. He lives alone in a public housing estate. He was admitted to hospital with shortness of breath and lower limbs oedema, due to newly diagnosed congestive cardiac failure. He was going to be discharged with oral antihypertensive and diuretics. He was also referred to community nursing service.

- (i) Describe the nursing assessment that should be conducted by the community nurse prior to Mr Kwong's discharge. (3 marks)
- (ii) Describe the health education for Mr Kwong regarding his home care. (7 marks)

(C) 社康護理

鄭先生，72歲，退休建築工人。他身型肥胖，有吸煙史。他獨居在一所公共房屋。他因呼吸短促和下肢水腫入院，剛被診斷患有充血性心力衰竭。現他被安排出院，獲處方口服抗高血壓藥和利尿劑回家。他被轉介到社康護理服務部。

- (i) 描述社康護士給予鄭先生的護理評估。 (三分)
- (ii) 描述有關鄭先生家居護理的健康教育。 (七分)

(D) Psychiatric Nursing

Mr Lee, 32-year-old, has suffered from mania. He was re-admitted to the hospital recently due to a relapse of mania. Describe appropriate nursing interventions for Mr Lee after admission. (10 marks)

(D) 精神科護理

李先生，32歲，患有躁狂症。最近因躁狂症病情復發再次入院。描述對李先生入院後的護理措施。 (十分)